

# Islander Grill Restaurant Lunch Menu

## Soup and Salads

<b>Soup of the day</b>	<b>5.00</b>	<b>Cobb Salad</b>	<b>11.50</b>
		Chicken breast, greens mix, avocado, bacon, boiled egg, tomatoes, marinated Kalamata olives, blue cheese and pickled red onions.	
<b>Caesar Salad</b>	<b>9.25</b>		
Romaine hearts, shaved parmesan cheese, croutons with Caesar dressing.			
<b>Add:</b> Grilled Chicken Breast.	<b>4.25</b>	<b>Quinoa Tabbouleh Salad</b>	<b>9.50</b>
Grilled Shrimp.	<b>5.50</b>	Peruvian quinoa tossed with chopped parsley, mint, green scallion, tomatoes, cucumbers, red onions, lime juice, EVOO and grilled pita bread triangles.	
<b>Tuna Poke Bowl</b>	<b>11.00</b>		
Served with rice and vegetables.			

## To Share

<b>Nachos Supreme</b>	<b>8.75</b>	<b>Cheese Quesadilla</b>	<b>8.25</b>
Corn nachos, chili con carne, cheese sauce, pico de gallo and sour cream.		Flour tortilla, mozzarella cheese, cheddar cheese and pico de gallo.	
<b>Add:</b> Grilled Chicken	<b>4.25</b>	/ Grilled Tenderloin	<b>5.00</b>
<b>Grilled Pita &amp; Dip</b>	<b>8.75</b>	<b>Beef Poutine</b>	<b>8.75</b>
Crudités, tzatziki, humus, marinated olives, grilled pita and tomato tapenade.		Minute steak topped with cheese, green scallion with a thick gravy over French fries.	

## Tasty Sandwiches

<b>Fisherman's Sandwich</b>	<b>12.75</b>	<b>Cheese Steak Sandwich</b>	<b>13.00</b>
Cajun spiced Pangasius grouper, tomato tapenade in a hoagie bread.		Minute steak, onions and pepper topped with gouda, cheddar and mozzarella cheese in a baguette.	
<b>Traditional Club Sandwich</b>	<b>11.50</b>	<b>Falafel Wrap</b>	<b>7.75</b>
Turkey slices, cheese, ham, bacon, lettuce, tomato and fried egg served with white/wheat toast.		Lettuce, tomato and mint leaves with tarator sauce.	
<b>Oriental Chicken Sandwich</b>	<b>11.75</b>	<b>Gyro Beef Flatbread</b>	<b>13.00</b>
Grilled chicken breast seasoned in Chef's secret ingredients and topped with pickled daikon and carrots on a bed of arugula served in a hoagie bread.		Minute steak, arugula, tomato, cucumber, red onions, Kalamata olives with a yogurt dressing and crudité.	
		<b>Tuna Pocket</b>	<b>9.75</b>
		Pita bread stuffed with tuna salad, lettuce and tomato.	

\* All sandwiches are served with French fries or cole slaw \*

### **Sizzling Fajita 13.00**

Chicken, beef or combo, served on a skillet with flour tortillas and all condiments.

## Our Specialty

<b>Traditional Burger</b>	<b>11.75</b>	<b>Cabana Burger 8oz (Our house specialty burger)</b>	<b>13.25</b>
Juicy BBQ glazed char-grilled burger with lettuce, tomato & red onion and served with French fries.		BBQ glazed with caramelized onions, mushrooms, American cheese served with French fries.	
<b>The Beyond Burger (VEGAN)</b>	<b>14.00</b>	<b>Jerk Chicken</b>	<b>13.25</b>
Plant-based char-grilled burger served with lettuce, tomato, red onion and French fries.		Jamaican marinated roasted half chicken with jerk sauce and French fries.	
<b>Mahi Taco</b>	<b>12.50</b>	<b>Shrimp Étouffée</b>	<b>12.75</b>
Blackened Mahi filet, flour tortilla, mixed greens, pico de gallo, guacamole and sour cream.		Juicy shrimp stew in a rich and flavorful roux Sauce served with rice.	

All our prices are in US Dollars  
A 6.00% local BBO/BAZV tax is included in your bill